

## Letter of Commitment

pursuant to § 9 para 5 in connection with § 25 para 6 of the Federal Anti-Doping Act 2021 (ADBG 2021, in its currently applicable version)

National Federation/team:..... Date of birth: .....

Mailing address: ..... E-mail: .....

I, ....., hereby confirm with my signature  
(First and last name)

(1)

1. to acknowledge the applicable anti-doping rules of the national federation and the provisions of the ADBG 2021 as binding,
2. to acknowledge the anti-doping rules applicable to the respective international competition to which I am sent or to which my team is sent,
3. to refrain from anti-doping rule violations and ensure by all means at my disposal that no prohibited substances enter my body tissue or body fluids, and no prohibited methods are used on myself,
4. to participate in testing pursuant to §§ 15 and 16 ADBG 2021 at any time and any place,
5. to disclose the identity of any other Person who assists me in the exercise of my sport, upon request from the Independent Anti-Doping Organization, a national federation or any other Anti-Doping Organization competent for me,
6. to inform the physician or dentist, in case of medical or dental treatment, prior to the administration of medication or the use of treatment methods, that I am subject to the provisions of the ADBG 2021,
7. to employ only such individuals as athlete support personnel who are not barred from this task pursuant to § 24 para 4 ADBG 2021,
8. to meet the requests of the Austrian Anti-Doping Legal Commission (ÖADR) and the Independent Arbitration Commission (USK) and participate properly in any proceedings,
9. to participate in doping prevention measures pursuant to § 3 para. 2 ADBG 2021 and
10. to meet the whereabouts filing requirements concerning me pursuant to § 25 para. 6 ADBG 2021 accordingly

(2) The athlete shall send the letter of commitment pursuant to para. 1 to the national federation within two weeks after it has been requested. Said letter of commitment shall be valid as long as the athlete belongs to the National Testing Pool pursuant to § 9 ADBG 2021.

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(3) The athlete acknowledges that, in addition to the obligations pursuant to para. 1, teams that have been accepted into the National Testing Pool shall report the following information to the Independent Anti-Doping Organization in written or electronic form on a weekly basis, no later than 11:59 p.m. on Sunday, and update it as necessary:

1. for each day of the following week, the name and address of each location where the team will train or engage in other sports activity,
2. the competitions for the coming week, including the name and address of each place where the team will compete during that week,
3. the name of each athlete who will not be able to participate in activities referred to in no. 1 or no. 2,
4. if an athlete of a team is unable to participate in an activity as defined in no. 1 or no. 2, the team's legal entity shall provide the Independent Anti-Doping Organization with a 60-minute time slot between 5:00 a.m. and 11:00 p.m. for the day on which he/she will be absent, during which time he/she will in any case be available for testing at a location to be specified. The start of this time slot may not be earlier than two hours after notification.

The athlete undertakes to provide the team with the information required by the team pursuant to para 3 a soon as possible.

(4) Athletes who retired from sport during the suspension or period of ineligibility shall notify the Anti-Doping Organization that imposed the ineligibility on them. If the athlete subsequently wishes to resume his/her career, he/she shall not compete in any international or national competition, until he/she is available for testing by giving six months prior written notice to the relevant International Federation and the competent Anti-Doping Organization (or such other period as may be equal to the period of ineligibility remaining from the date of his/her departure from sport if that period is longer than six months).

(5) Athletes who belonged to the National Testing Pool at the time of their retirement from sport shall notify the Independent Anti-Doping Organization and the competent International Federation of their return to active participation six months prior to the first national or international competition and, after having signed another letter of commitment, be available for testing pursuant to para 1.

This letter of commitment shall be handed over to the competent National Federation within two weeks after having been requested. If the athlete concerned does not previously submit the letter of commitment, the athlete shall not be supported by the National Federation and shall not be admitted to competitions.

**ONLY THE GERMAN VERSION IS BINDING AND HAS TO BE  
SIGNED PERSONALLY!**

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