

## **Letter of Commitment (National Registered Testing-Pool)**

pursuant to § 19 of the Anti-Doping Federal Act 2007 (as amended by Federal Law Gazette I 146/2009)

I, .....,  
First and last name

Sports Federation:..... Date of birth: .....

hereby confirm with my signature

1. acknowledging the most recent anti-doping rules of the national sports federation and the regulations pursuant to § 5, § 6, § 8 to 17 as well as § 18 paras 5 and 7;
2. acknowledging the anti-doping rules applicable to the relevant international competition to which they are sent;
3. refraining from all actions which are incompatible with the principles of fairness in sport and ensuring by all means at their disposal that no prohibited substances enter their body tissue or body fluids and no prohibited methods are used on them;
4. participating in testing pursuant to § 11 to 13;
5. promptly reporting residential addresses, training schedules and training locations, their availability and any changes to this data as well as information on their whereabouts, if they wish to leave the residential address for more than three days, any change of name and their retirement from sport to the Independent Anti-Doping Organization and the national sports federation;
6. in the case of medical or dental treatment, requesting the physician or dentist to inform them prior to the application of medication or the use of treatment methods whether they are admissible in accordance with the Anti-Doping Convention;
7. employing only athlete support personnel who are not excluded from this task pursuant to § 18 para 5;
8. giving their express consent to the processing of health-related data which become available as a result of analyzing doping samples and granting therapeutic use exemptions pursuant to § 8.

(2) The athlete shall send the letter of commitment pursuant to para 1 to the national sports federation in duplicate within two weeks after it has been requested. Said letter of commitment shall be valid as long as the athlete belongs to the National Registered Testing Pool pursuant to § 5 paras 1 and 2.

(3) Notwithstanding para 1 no. 5, athletes who belong to the National Registered Testing Pool pursuant to § 5 para 1 no. 1 shall provide the following information on a date before the first day of each quarter (1 January, 1 April, 1 July and 1 October) determined by the Independent Anti-Doping Organization:

1. for each day of the following quarter, the complete address of the place where the athlete will reside (e.g. home, temporary accommodation, hotel, etc.);
2. for each day of the following quarter, the name and address of the place where the athlete will practice, work or carry out any other regular activity (e.g. school) as well as the usual schedule for these regular activities;
3. his competition schedule for the following quarter, including the name and address of each place where the athlete will take part in competitions during these three months as well as the dates when he will participate in competitions in these places;
4. for each day of the following quarter, a certain 60-minute time slot between 6.00 a.m. and 11.00 p.m. when he will be available for testing at a certain location.

Any changes to the whereabouts or availability during the quarter shall be announced promptly as soon as the athlete has been informed about it, any changes to the 60-minute time slot at least two hours before.

(4) Para 3 nos. 1 to 3 shall apply to athletes who are in the National Registered Testing Pool pursuant to § 5 para 1 no. 2. Any changes to the address pursuant to para 3 no. 1 shall only be reported if the place is left for more than 24 hours.

(5) The Independent Anti-Doping Organization shall make an electronic reporting system available to the athletes to allow them to meet their whereabouts filing requirements pursuant to para 1 no. 5, paras 3 and 4. The athletes shall meet their whereabouts filing requirements via this system.

(6) Athletes who belonged to the National Registered Testing Pool (§ 5) at the time of their retirement from sport shall notify the Independent Anti-Doping Organization of their return to sport six months prior to the first competition; athletes who have retired from sport during a suspension or period of ineligibility, shall report this twelve months prior to the first competition.

**This Letter of Commitment shall be handed over to the competent National Sports Federation within two weeks after having been requested. If an athlete fails to sign the confirmation the respective athlete shall be released from the team.**

**ONLY THE GERMAN VERSION IS  
BINDING AND HAS TO BE SIGNED  
PERSONALLY!**